**Michela Mazzetti Ph.D**.

**CURRICULUM VITAE**

*Work address*

Experimental, Diagnostic and Specialty Department (DIMES)

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*Education and Academic Employment*

1997: Degree in Experimental Psychology (110/110 cum Laude), University of Bologna (five years degree), Italy

2001: Research Assistant Professor, School of Medicine, University of Bologna, Italy

2003: Ph.D. in Experimental Psychology, University of Bologna, Italy.

2004-2014: Permanent position as Research Assistant Professor, School of Medicine, University of Bologna, Italy.

2014-present: Permanent position as Associate Professor, School of Medicine, University of Bologna, Italy.

*Research interests*

1) Relationship between sleep and information processing:

1.a) Mental sleep experiences (MSE) during REM e NREM sleep in normal subjects and neurologic patients (epilepsy and narcolepsy-cataplexy patients);

1.b) Off-line reprocessing of verbal stimuli during REM and NREM sleep;

1.c) Effects of sleep organization (in normal subjects and narcoleptic patients) on access of semantic knowledge and consolidation of procedural skills.

1.d) Effects of the characteristics of the sleep-wake cycle on cognitiveperformance and emotional reactivity.

2) Emotional reactivity and individual differences in stress response:

2.a) Individual differences and emotional response in normal subjects and neurologic, metabolic or dermatological disorders.

2.b) Emotional reactivity in patients with Narcolepsy-Cataplexy (Narcolepsy Type 1, NT1)

3) Health communication:

3.a) Effects of individual traits (of patients and physicians) and health organization factors on patient compliance, satisfaction, physical complaints and treatment outcomes;

3.b) Assessment and development of effective communication between health personnel and patients.

**PUBLICATIONS**

1. Russo PM, Fino E, Mancini C, **Mazzetti M**, Starace, M, Piraccini BM (2019). HrQoL in hair loss affected patients with Alopecia Areata, Androgenetic Alopecia and Telogen Effluvium: The role of personality traits and psychosocial anxiety. *Journal of the European Academy of Dermatology and Venereology*, 33(3):608-611.
2. Fino E., Di Campli S., Patrignani G., **Mazzetti M.** (2019). The Modulating Role of Gender and Aggression in Emotional Reactions of Nursing Students: A Cross sectional Study. *Journal of Advanced Nursing*, 75(7):1462-1472.
3. Fino E, **Mazzetti M** (2019). Monitoring healthy and disturbed sleep through smartphone applications: a review of experimental evidence. *Sleep Breath*, 23(1):13-24. doi: 10.1007/s11325-018-1661-3. [Epub 2018 Apr 23]
4. Fairhall SL, Porter KB, Bellucci C, **Mazzetti M**, Cipolli C, Gobbini MI (2017). Plastic reorganization of neural systems for perception of others in the congenitally blind. *Neuroimage*, 158:126-135
5. D'Alessandro G., Alkhamis N., Mattarozzi K., **Mazzetti M.**, Piana G. (2016). Fear of dental pain in Italian children: child personality traits and parental dental fear. *J Public Health Dent*;76(3):179-83.
6. **Mazzetti M,** Bellucci C, Cipolli C, Pizza F, Russo PM, Tuozzi G, Vandi S, Plazzi G. (2016). Age-related differences in sleep-dependent consolidation of motor skills in patients with narcolepsy type 1. *Sleep Med*; 24:80-86.
7. Cipolli C., Guazzelli M., Bellucci C., **Mazzetti M.**, Palagini L., Rosenlicht N., Feinberg I. (2015). Time-of-night variations in the story-like organization of dream experience developed during rapid eye movement sleep. *Journal of Sleep Research*, 24:234-40.
8. Cipolli C., **Mazzetti M**., Plazzi G. (2013). Sleep-dependent memory consolidation in patients with sleep disorders. *Sleep Medicine Reviews*; 17:91-103.
9. **Mazzetti M,** Plazzi G, Campi C, Cicchella A, Mattarozzi K, Tuozzi G, Vandi S, Vignatelli L, Cipolli C. (2012). Sleep-dependent consolidation of motor skills in patients with narcolepsy-cataplexy. *Archives Italiennes de Biologie*, 150: 185-193.
10. Cipolli C, Franceschini C, Mattarozzi K, **Mazzetti M**, Plazzi G. (2011). Overnight distribution and motor characteristics of REM Sleep Behaviour Disorder (RBD) episodes in patients with Narcolepsy-Cataplexy*. Sleep Medicine,* 12: 635-40.
11. Franceschini C, Ferri R, Pizza F, Ricotta L, Vandi S, Detto S, Poli F, Pruneti C, **Mazzetti M**, Cipolli C, Lugaresi E, Plazzi G. (2011). Motor events during REM sleep in patients with narcolepsy-cataplexy: a video-polysomnographic pilot study. *Sleep Medicine,* Suppl 2: S59-63.
12. **Mazzetti M**, Bellucci C, Mattarozzi K, Plazzi G, Tuozzi G, Cipolli C (2010). REM-dreams recall in patients with narcolepsy-cataplexy. *Brain Research Bulletin*; 81: 133-140.
13. Cipolli C, Campana G, Campi C, Mattarozzi K, **Mazzetti M**, Tuozzi G, Vandi S, Vignatelli L, Plazzi G (2009). Sleep and time course of consolidation of visual discrimination skills in patients with narcolepsycataplexy. *Journal of Sleep Research*, 18: 209-220.
14. Codispoti M, **Mazzetti M**, Bradley MM (2009). Unmasking emotion: exposure duration and emotional engagement. *Psychophysiology*, 46: 731-738.
15. Calandra-Buonaura G, Cortelli P, Pierangeli G, Ribani MA, Barletta G, **Mazzetti M**, Codispoti M (2008). Central and cardiovascular responses to emotional stimuli are normal in non-phobic subjects with Reflex Syncope. *Clin Neurophysiol*, 119: 1966-1972.
16. Cipolli C, Bellucci L, Mattarozzi K, **Mazzetti M**, Tuozzi G, Plazzi G (2008). Story-like organization of REM dreams in patients with narcolepsy-cataplexy*. Brain Research Bulletin*., 77: 206-213.
17. Versace F., **Mazzetti M**., Codispoti M. (2008). The temporal stability of the effects induced by the cued reaction time task. *Assessment*, 15: 145-152.
18. Mattarozzi K., Bellucci C,. Campi C., Cipolli C., Ferri R., Franceschini C., **Mazzetti M**., Russo P.M., Vandi S., Vignatelli L., Plazzi G. (2008). Clinical, behavioural and polysomnographic correlates of cataplexy in patients with narcolepsy/cataplexy. *Sleep Medicine,* 9: 425-433.
19. Baldaro, B., Surcinelli, P., Rossi, A., Fasol, R., **Mazzetti, M.**, Bolzani, R. (2007). Short Communication: Investigation into factors that promote adherence to a mammography screening programme. *Stress and Health*, 23: 277-283.
20. Cipolli, C., Fagioli, I., **Mazzetti, M**., Tuozzi, G. (2006). Consolidation effect of repeated processing of declarative knowledge in mental experiences during human sleep. *Brain Research Bulletin,* 69: 501-511.
21. **Mazzetti M**., Campi C., Mattarozzi K., Plazzi G., Tuozzi G., Vandi S., Vignatelli L., Cipolli C. (2006). Semantic priming effect during REM-sleep inertia in patients with narcolepsy. *Brain Research Bulletin*, 71: 270-278.
22. Cipolli, C., Fagioli, I., **Mazzetti, M**., Tuozzi, G. (2005). Consolidation effect of the processing of declarative knowledge during human sleep: evidence from long-term retention of interrelated contents of mental sleep experiences. *Brain Research Bulletin*, 65: 97-104.
23. Cipolli, C., Bonanni, E., Maestri, M., **Mazzetti, M.**, Murri, L. (2004). Dream experience during REM and NREM sleep of patients with complex partial seizures. *Brain Research Bulletin*, 63: 407-413.
24. Cipolli, C., Fagioli, I., **Mazzetti, M.**, Tuozzi, G. (2004). Incorporation of pre-sleep stimuli into dream contents: evidence for a consolidation effect on declarative knowledge during REM sleep. *Journal of Sleep Research,* 13*:* 317-326.
25. Baldaro, B., Gentile, G., Codispoti, M., **Mazzetti, M**., Trombini, E., Flamigni, C. (2003). Psychological distress of conservative and nonconservative uterine surgery: A prospective study. *Journal of Psychosomatic Research*, 54: 357-360.
26. Cipolli, C., Cicogna, P., Mattarozzi, K., **Mazzetti, M.**, Natale, V., Occhionero, M. (2003). Continuity of the processing of declarative knowledge during human sleep: evidence from interrelated contents of mental experiences. *Neuroscience Letters*, 342: 147-150.
27. Bonanni, E., Cipolli, C., Iudice, A., **Mazzetti, M**., Murri, L. (2002). Dream recall frequency in epileptic patients with partial and generalized seizures: a dream-diary study. *Epilepsia*, 43: 889-895.
28. Baldaro, B., **Mazzetti, M**., Codispoti, M., Tuozzi, G., Bolzani, R., Trombini, G. (2001). Autonomic reactivity during viewing of an unpleasant film. *Perceptual and Motor Skills*, 93: 797-805.
29. Codispoti, M., **Mazzetti, M**., Baldaro, B., Trombini, G. (2001). Effect of public speaking on gastric myoelectrical reactivity and parasympathetic cardiac control. *Stress and Health,* 17: 291-296.
30. Tabossi, P., Collina, S., **Mazzetti, M**., Zoppello, M. (2000). Syllables in the Processing of Spoken Italian. *Journal of Experimental Psychology: Human Perception and Performance,* 26: 758-775.

Bologna, 18/01/2019 Michela Mazzetti

